

LUNCHTIME MENU

SUMMER TERM 2024

ALLERGEN LEGEND



PENK VALLEY
ACADEMY TRUST



WEEK ONE



WEEK TWO



WEEK THREE



MONDAY

Pizza
or
Salmon & Veg Pasta Bake

Followed by Iced Sponge



TUESDAY

Meatballs in Tomato Sauce
or
Quorn Curry

Followed by Cookie



WEDNESDAY

Roast of the Day
or
Pie of the Day

Followed by Ice Cream



THURSDAY

Chicken Nuggets
or
Bacon Turnover

Followed by
Rice Crispy Slice



FRIDAY

Fish Fingers
or
Filled Jacket Potato

Followed by Muffin



Sausage Roll
or
Tomato Pasta

Followed by Iced Sponge



Pork Meatballs
or
Cheese Whirl

Followed by
Devil's Chocolate Cake



Roast of the Day
or
Pie of the Day

Followed by Shortbread



Quorn Burger
or
Tuna Pasta Bake

Followed by Cookie



Fish Fingers
or
Cheese & Potato Pie

Followed by Jelly & Fruit



Macaroni Cheese
or
Quorn Bolognaise

Followed by Muffin



Sausages
or
Fishcake

Followed by
Lemon Drizzle Cake



Roast of the Day
or
Pie of the Day

Followed by Jelly & Fruit



Meatballs & Rice
or
Lasagne

Followed by Flapjack



Fish Fingers
or
Filled Jacket Potato

Followed by Ice Cream



AVAILABLE DAILY: A CHOICE OF HOMEMADE SANDWICHES AS WELL AS FRESH FRUIT AND YOGHURT

